



SEPTEMBER COUNSELING & BEHAVIOR NEWS



Welcome to September!

As we settle into the school year, students are continuing to learn routines, build friendships, and grow both academically and socially. This month, our counseling and behavior lessons focus on **respect, active listening, positive decision-making, and self-control**. These skills help students create strong relationships and become successful learners both in and out of the classroom. We are proud of the progress our students are making and look forward to another month of growth and success! ❤️

🍂 This Month We Are Learning About

one of our Mojave Way of Life Values:

Respect - Having respect for all life, yourself, family, clan tribe and others. How can we show respect? Being active listeners, following directions, self-control, problem-solvers and making positive choices.

🧐 Listening Check-In

What is one way you showed respect today?
Who did you listen to carefully today? How did you solve a problem this week?

🌈 Kindness Challenge

Invite someone to play, encourage a friend, use kind words, and show respect to everyone you meet.

🍎 Attendance Matters!

Being at school every day and arriving on time helps students build strong learning habits, stay connected with friends, and feel confident in the classroom.

🌟 Family Tip

Practice active listening at home by making eye contact, taking turns speaking discuss each other's day during meals or family time.

🎯 Character Trait

Respect: Treat others, yourself, and your environment with kindness and consideration.

😬 Managing Big Feelings

When feeling upset, practice: taking deep breaths, counting to 10, asking for help, and using calming words.

🧘 Self-Care September

Practice gratitude for the good things in your life. Healthy habits help us feel our best and be ready to learn!

🌟 Remember: Respect starts with listening, kindness grows through our actions, and every day is a chance to make positive choices! 🌟

Wishing all our students and families a wonderful September. If your child ever needs support, encouragement, or someone to talk to, the counseling and behavioral office is here to help!

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