



# Breakfast Menu

## November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1. Scrambled Eggs Bacon Bagels & Cream Cheese	2. Blueberry Muffin Scrambled Eggs Ham	3. Fried or Scrambled Eggs Cornbeef Hash Whole Wheat Tortilla
6. Scrambled Eggs Bacon Potatoes Oatmeal	7. Egg Bites Hashbrown	8. Egg Whites Chorizo Sliced Avocado Whole Wheat Tortilla	9. Sweet Wheat Berry French Toast Sausage Links Eggs	10.  <b>Veterans Day</b> <b>No School</b>
13. Scrambled Eggs Biscuits Homemade Sausage Gravy	14. Blueberry or Plain Whole Wheat Pancakes Eggs Sausage	15. Breakfast Quesadilla Side of Salsa	16. Scrambled Eggs Sausage Patty Whole Wheat English Muffin	17. Egg Omelets Ham & Cheese or Spinach, Mushroom, and parmesan
20. Buffet Ham Scrambled or Over Easy Eggs	21. Crepes Topped with Bananas & Nutella Or Strawberries and Cream	22.  <b>Thanksgiving Break</b> <b>No School</b>	23.  <b>Thanksgiving Break</b> <b>No School</b>	24.  <b>Thanksgiving Break</b> <b>No School</b>
27. Chilaquiles Topped with Red Chili Sauce Jack Cheese and Green Onion	28. Hearty Breakfast Croissant Sandwich with Eggs, Cheese, & Ham	29. Whole Wheat Cold Cereal Or Boiled Eggs Toast	30. Breakfast Burrito Refried Beans Eggs Chorizo Potatoes Cheese	

**Served Daily:**

Two Fresh Fruits

Oatmeal and Cream of Wheat

Turkey Sausage and Turkey Bacon Alternatives