

Breakfast



September

2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| 4. No School Labor Day | 5. Egg Whites with Chorizo | 6. Pancakes with Sugar Free Syrup and Sausage Links | 7. Fried Egg Served with an English Muffin and Sausage Patty | 8. Corned beef Hash Served with Whole Wheat Tortilla |
| 11. Hash Browns Served with Canadian Bacon | 12. Fried Egg served w Breakfast Potatoes and Bacon | 13. Whole Wheat Waffles Served with Sausage Links | 14. Southwest Scramble Eggs (red, green bell peppers w ham) served with Apple Strudel | 15. Breakfast Sandwich with cheese and Sausage Patty |
| 18. Biscuits and Sausage Gravy | 19. Whole Wheat French Toast Sticks and a side of Bacon | 20. Egg Salad Sandwich Served with a Sausage Patty | 21. Buffet Ham Served with Breakfast Potatoes | 22. No School Native American Day |
| 25. Scrambled Eggs and a side of Hash Browns and Bacon | 26. Breakfast Quesadilla | 27. Egg Bites Served with Avocado Toast | 28. Bagels served with Cream Cheese | 29. Breakfast Burrito (egg, bacon, potatoes, and cheese) |
| 2. Blueberry Muffins and a side of Bacon | 3. | 4. | | |

**Scrambled Eggs, Two Fresh Fruits, Yogurt, and Choice of Oatmeal or Cream-o-Wheat Served Daily
Turkey Sausage and Turkey Bacon available upon Request**